



## 2023 MIAC Volleyball Awards

### 2023 MIAC Volleyball Offensive Player of the Year

| Position | Name        | Institution | Class | Hometown   High School | Previous Selections |
|----------|-------------|-------------|-------|------------------------|---------------------|
| S        | Kasie Tweet | Gustavus    | Sr.   | Adrian, Minn.          | --                  |

### 2023 MIAC Volleyball Defensive Player of the Year

| Position | Name           | Institution | Class | Hometown   High School | Previous Selections |
|----------|----------------|-------------|-------|------------------------|---------------------|
| DS       | Jenna Rubbelke | Hamline     | Jr.   | North St. Paul, Minn.  | --                  |

### 2023 MIAC Volleyball Rookie of the Year

| Position | Name         | Institution | Class | Hometown   High School   |
|----------|--------------|-------------|-------|--------------------------|
| MB       | Peyton Howie | Bethel      | Fy.   | Blaine, Minn.   Irondale |

### 2023 MIAC Volleyball Coach of the Year

| Name             | Institution | Previous Selections |
|------------------|-------------|---------------------|
| Rachelle Sherden | Gustavus    | 2015   2018   2022  |

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## 2023 MIAC Volleyball All-Conference

| Position | Name                  | Institution    | Class | Hometown   High School                    | Previous Selections |
|----------|-----------------------|----------------|-------|-------------------------------------------|---------------------|
| OPP      | Anysia Caille         | St. Olaf       | Sr.   | Minnetonka, Minn.                         | --                  |
| MB       | Abby Drury            | Bethel         | Sr.   | Wyoming, Minn.   Forest Lake              | --                  |
| OH       | Dani Friedges         | Bethel         | Sr.   | Jordan, Minn.   New Prague                | --                  |
| OH       | Emma Guest            | Saint Benedict | Sr.   | Oak Grove, Minn.   Saint Francis          | 2022                |
| MB       | Peyton Howie          | Bethel         | Fy.   | Blaine, Minn.   Irondale                  | --                  |
| MB       | Madi Kes              | Gustavus       | Sr.   | Jordan, Minn.                             | --                  |
| OH       | Lauren Klaith         | Gustavus       | Sr.   | Rockford, Minn.                           | --                  |
| MB       | Mackenzie Knofczynski | Saint Benedict | So.   | Willmar, Minn.                            | --                  |
| OH       | Mallory Leitner       | Concordia      | So.   | Dilworth, Minn.   Dilworth-Glyndon-Felton | --                  |
| S        | Kaia Lill             | Concordia      | Sr.   | Bismarck, N.D.   Century                  | 2022 (HM)           |
| OH       | Ciarra McNally        | Saint Mary's   | Sr.   | Lewiston, Minn.   Lewiston-Altura         | 2021   2022         |
| OPP      | Catherine Moore       | St. Olaf       | Sr.   | Lake Elmo, Minn.   Mounds Park Academy    | 2021   2022         |
| MB       | Sydney Olson          | Gustavus       | Sr.   | Willmar, Minn.                            | --                  |
| DS       | Selena Rodriguez      | St. Olaf       | Sr.   | St. Paul, Minn.   North                   | 2022                |
| OH       | Maggie Rosen          | St. Catherine  | Sr.   | Clear Lake, Wis.                          | 2021   2022         |
| DS       | Jenna Rubbelke        | Hamline        | Jr.   | North St. Paul, Minn.                     | 2021   2022         |
| S        | Audrey Spolidoro      | Saint Benedict | Jr.   | Cottage Grove, Minn.   East Ridge         | 2022                |
| DS       | Maren Sundberg        | Gustavus       | So.   | Eagan, Minn.                              | 2022                |
| OH       | Tiffany Tellez        | St. Catherine  | So.   | Peoria, Ariz.   Xavier College Prep       | 2022                |
| OH       | Marlee Turn           | Gustavus       | Sr.   | Kennedy, Minn.   Kittson Central          | 2022                |
| S        | Kasie Tweet           | Gustavus       | Sr.   | Adrian, Minn.                             | 2022                |
| OH       | Bri Van Well          | Augsburg       | Sr.   | Woodbury, Minn.                           | --                  |

## 2023 MIAC Volleyball Honorable Mention

| Position | Name             | Institution     | Class | Hometown   High School                   | Previous Selections |
|----------|------------------|-----------------|-------|------------------------------------------|---------------------|
| MB       | Lindsey Baribeau | St. Scholastica | So.   | Biwabik, Minn.   Mesabi East             | --                  |
| OH       | Sylvia Dixon     | Carleton        | So.   | Vienna, Va.   James Madison              | --                  |
| MB       | Madison Fagan    | St. Catherine   | So.   | Orange Park, Fla.   Oakleaf              | 2022 (HM)           |
| OH       | Adisa Preston    | Macalester      | Jr.   | Eden Prairie, Minn.                      | --                  |
| DS       | Torrie Rehder    | Augsburg        | Jr.   | Goodhue, Minn.                           | --                  |
| MB       | Maria Watt       | Concordia       | Jr.   | Glyndon, Minn.   Dilworth-Glyndon-Felton | --                  |

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## 2023 MIAC Volleyball All-Playoff Team

| 2023 MIAC Volleyball All-Playoff Team |                  |                |       |                                        |                     |
|---------------------------------------|------------------|----------------|-------|----------------------------------------|---------------------|
| Position                              | Name             | Institution    | Class | Hometown   High School                 | Previous Selections |
| OH                                    | Emma Guest       | Saint Benedict | Sr.   | Oak Grove, Minn.   Saint Francis       | --                  |
| OH                                    | Dani Friedges    | Bethel         | Sr.   | Jordan, Minn.   New Prague             | --                  |
| MB                                    | Madison Kisch    | Concordia      | Sr.   | Thief River Falls, Minn.   Lincoln     | --                  |
| OH                                    | Lauren Klaith    | Gustavus       | Sr.   | Rockford, Minn.                        | --                  |
| OPP                                   | Catherine Moore  | St. Olaf       | Sr.   | Lake Elmo, Minn.   Mounds Park Academy | 2022                |
| DS                                    | Selena Rodriguez | St. Olaf       | Sr.   | St. Paul, MN   North                   | --                  |
| OH                                    | Maggie Rosen     | St. Catherine  | Sr.   | Clear Lake, Wis.                       | --                  |
| DS                                    | Maren Sundberg   | Gustavus       | So.   | Eagan, Minn.                           | --                  |
| S                                     | Kasie Tweet      | Gustavus       | Sr.   | Adrian, Minn.                          | 2021   2022         |